

HOLIDAY SCHEDULE

The Positive Choice Integrative Wellness Center will be on Holiday Schedule from Monday, December 23, 2024, thru Wednesday, January 1, 2025. We will resume our regular schedule on Thursday, January 2, 2025.

The hours at Garfield Specialty Center during the Holiday Schedule are as follows:

Reception and Lab hours:

Monday,	December 23	9:00 a.m. to 2:30 p.m.
Tuesday,	December 24	9:00 a.m. to 2:30 p.m.
Wednesday,	December 25	Closed
Thursday,	December 26	9:00 a.m. to 2:30 p.m.
Friday,	December 27	9:00 a.m. to 2:30 p.m.
Monday,	December 30	9:00 a.m. to 2:30 p.m.
Tuesday,	December 31	9:00 a.m. to 2:30 p.m.
Wednesday,	January 1	Closed

All other Positive Choice locations will be closed from December 23, 2024, through January 1, 2025.

Since we are not holding the regular weekly groups during the time we are on Holiday Schedule, you will need to pre-purchase your product for the subsequent two or three weeks. ***In the week prior, December 16th thru December 20th.***

- ***Monday through Wednesday class participants will pay their regular weekly fee, plus pay for two weeks of product for the regularly scheduled class date.***
- ***Thursday and Friday class participants will pay their regular weekly fee, plus pay for one week of product for the regularly scheduled class dates.***

The charges are listed below.

FULL OR MODIFIED MEAL REPLACEMENT PROGRAMS

Monday through Wednesday (2-week break).....	\$465 (If no Maintenance fee is due)
Thursday and Friday groups (1-week break).....	\$325 (If no Maintenance fee is due)
TOMR's (1-week break).....	\$155 plus \$22 per box
TOMR's (2-week break).....	\$210 plus \$22 per box

PARTIAL MEAL REPLACEMENT PROGRAMS

Monday through Wednesdays group (2-week break).....	\$435 (If no Booster fee is due)
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REMOTE PILOT PROGRAM

Wednesday group (2-week break).....	\$525
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Please note: If you choose to withdraw from the program during the holiday schedule (not pay holiday fees), discuss this in advance with your counselor. If you wish to return after the holiday, you need to schedule a re-entry appointment and pay the re-enrollment fee of \$150. Additionally, eligibility for re-entry to a medical weight loss plan will depend upon how much weight you must lose.

While Positive Choice is on Holiday Schedule, you are invited to attend any of the FREE virtual holiday classes that are available during this time. ***Pre-registration is required. Please call our main line (858) 616-5600 register and receive your classroom link information.*** You may also use this Holiday class for Booster credit.

FREE HOLIDAY VIRTUAL CLASS SCHEDULE

Monday, December 23rd and December 30th, at 6:00 p.m.

No product will be sold December 23, 2024, thru December 31, 2024. If you have labs due during the holiday break, please go to your nearest Kaiser lab.