



# Childbirth Preparation

## Digital Book

You have access to a convenient Web App which includes a Digital Book and offers you a wealth of information about breastfeeding.

*Getting started is easy! Just follow these simple instructions. You'll have access to the Web App for 18 months after you first log in:*

1. Go to [InJoy Online](#)
2. Click CREATE ACCOUNT button
3. Set up your account by entering your first name, last name, and email address
4. Enter/Create a password
5. Enter password your created to confirm
6. Enter access redemption code (*You should have received this code from your educator*)
7. Click VALIDATE button
8. Check box next to "I Agree to the Terms & Conditions"
9. Click COMPLETE button
10. Be sure to bookmark [www.injoyonline.com](http://www.injoyonline.com) for future visits