



dementia resources

CONTINUING CARE SERVICES

Kaiser Permanente Services

Behavioral Health Care Helpline (24 hour).....	800-900-3277
Caregiver Support Groups	619-641-4456
Memory Class: Online class for family/caregivers of persons with dementia/ Alzheimer's – <i>web link for virtual group coming soon</i>	
Neurology	877-236-0333
Psychiatry	877-496-0450
Senior Care Management	619-641-4027
http://continuingcare-sandiego.kp.org/PDFs/SCM%20Brochure.pdf	

Community Services

This information is compiled from public sources or provided by the resources listed. Unless specifically identified as a Kaiser Permanente resource, there is no legal relationship or financial interest in any listed service. Kaiser Permanente makes no representations or judgments and assumes no responsibility for the quality of care provided by any service included. Members are encouraged to contact providers and agree upon terms and rates before accepting services. This should not be relied upon as an authorization for payment. Please contact Member Services at 1-800-464-4000 if you have any benefit or coverage questions.

Alzheimer's San Diego	858-492-4400
Programs include early stage support for patients, activities/outings, educational classes, and caregiver support groups. www.alzsd.org	
Alzheimer's Association (helpline 24/7)	800-272-3900
www.alz.org	
Safety Center www.alz.org/care/alzheimers-dementia-safety.asp	
Facts, Figures and Handouts www.alz.org/alzheimers_disease_publications.asp	

<http://continuingcare-sandiego.kp.org>



Community Services continued

George G. Glenner Alzheimer Family Centers, Inc (Hillcrest) 619-543-4704
Chula Vista 619-420-1703
Encinitas and Escondido 760-635-1895

Programs include adult day care centers, respite programs, caregiver support groups, Town Square, Memory Cafes, and GlennerCare case management assistance.

<https://glenner.org/services/caregiver-support-groups/>

UCSD Shiley-Marcos ADRC 858-822-4800

Programs include a variety of caregiver support groups, activities/outings and research studies. (Ask for Tracey Truscott, LCSW)

www.adrc.ucsd.edu

Jewish Family Services

Out & About: Weekly outings for persons with dementia..... 858-637-7320

www.jfssd.org/outandabout

Balboa Adult Day Center 858-637-3388

<https://www.jfssd.org/our-services/older-adults/social-wellness-centers/>

Southern Caregivers Resource Center..... 800-827-1008

..... 858-268-4432

Programs include caregiver support, classes, and respite programs.

www.caregivercenter.org

Respite Well Program with Coast Care Partners(La Mesa) 619-354-2544

Escondido..... 858-322-6299

<https://coastcarepartners.com/respite-well/>

The Alzheimer's Store 800-752-3238

<http://alzstore.com>

Parkinson's Disease Association of San Diego 858-999-5671

www.parkinsonsassociation.org

Dementia Friends USA

Changing the way people think, act and talk about dementia

<https://dementiafriendsusa.org>

The Association for Frontotemporal Degeneration (AFTD helpline).. 866-507-7222

Caregiver respite grants offered

www.theaftd.org

Safety/Wandering

Take Me Home Program

Photo data base for persons with dementia, Alz and more. Hosted by the Sheriff's department and available to all law enforcement in SD.

www.sdsheriff.net/tmh

MedicAlert Foundation & Safe Return 800-432-5378

www.medicalert.org/safereturn

Research/Clinical Trials

Bright Focus Foundation 800-437-2423
www.brightfocus.org

San Diego Alzheimer Project (San Diego unites for a cure & care)
www.SDalzheimersproject.org

UCSD Shiley Marcos Alzheimer's Disease Research Center..... 858-822-4800
www.adrc.ucsd.edu

For further information call 619-641-4456