Kaiser Permanente Services

Behavioral Health Care Helpline (24 hour)…………………………… 800-900-3277
Caregiver Support Groups ……………………………………………………… 619-641-4456
Memory Class: Online class for family/caregivers of persons with dementia/Alzheimer’s – web link for virtual group coming soon
Neurology …..................................................................................877-236-0333
Psychiatry .......................................................................................... 877-496-0450
Senior Care Management ….................................................................619-641-4027

Community Services

This information is compiled from public sources or provided by the resources listed. Unless specifically identified as a Kaiser Permanente resource, there is no legal relationship or financial interest in any listed service. Kaiser Permanente makes no representations or judgments and assumes no responsibility for the quality of care provided by any service included. Members are encouraged to contact providers and agree upon terms and rates before accepting services. This should not be relied upon as an authorization for payment. Please contact Member Services at 1-800-464-4000 if you have any benefit or coverage questions.

Alzheimer’s San Diego ….................................................................858-492-4400
Programs include early stage support for patients, activities/outings, educational classes, and caregiver support groups.
www.alzsd.org

Alzheimer’s Association (helpline 24/7) …………………….. 800-272-3900
www.alz.org
Safety Center
www.alz.org/care/alzheimers-dementia-safety.asp
Facts, Figures and Handouts
www.alz.org/alzheimers_disease_publications.asp

http://continuingcare-sandiego.kp.org
Community Services continued

George G. Glenner Alzheimer Family Centers, Inc (Hillcrest) ……. 619-543-4704
Chula Vista ........................................................................................................... 619-420-1703
Encinitas and Escondido ................................................................. 760-635-1895
Programs include adult day care centers, respite programs, caregiver
support groups, Town Square, Memory Cafes, and GlennerCare case
management assistance.
https://glenner.org/services/caregiver-support-groups/

UCSD Shiley-Marcos ADRC ................................................................. 858-822-4800
Programs include a variety of caregiver support groups, activities/outings and
research studies. (Ask for Tracey Truscott, LCSW)
www.adrc.ucsd.edu

Jewish Family Services
Out & About: Weekly outings for persons with dementia........ 858-637-7320
www.jfssd.org/outandabout
Balboa Adult Day Center ............................................................... 858-637-3388
https://www.jfssd.org/our-services/older-adults/social-wellness-centers/

Southern Caregivers Resource Center................................. 800-827-1008
............................................................... 858-268-4432
Programs include caregiver support, classes, and respite programs.
www.caregivercenter.org

Respite Well Program with Coast Care Partners …...(La Mesa) …. 619-354-2544
Escondido .................................................................................. 858-322-6299
https://coastcarepartners.com/respite-well/

The Alzheimer’s Store ................................................................. 800-752-3238
http://alzstore.com

Parkinson’s Disease Association of San Diego ..................... 858-999-5671
www.parkinsonsassociation.org

Dementia Friends USA
Changing the way people think, act and talk about dementia
https://dementiafriendsusa.org

The Association for Frontotemporal Degeneration (AFTD helpline).866-507-7222
Caregiver respite grants offered
www.theaftd.org

Safety/Wandering
Take Me Home Program
Photo data base for persons with dementia, Alz and more. Hosted by the
Sheriff’s department and available to all law enforcement in SD.
www.sdsheriff.net/tmh

MedicAlert Foundation & Safe Return ................................. 800-432-5378
www.medicalert.org/safereturn
Research/Clinical Trials
Bright Focus Foundation ................................................ 800-437-2423
www.brightfocus.org

San Diego Alzheimer Project (San Diego unites for a cure & care)
www.SDalzheimersproject.org

UCSD Shiley Marcos Alzheimer’s Disease Research Center..... 858-822-4800
www.adrc.ucsd.edu

For further information call 619-641-4456