



# home services

## CONTINUING CARE SERVICES

### Community Services

*Custodial in-home care is not a Kaiser Permanente benefit. Fees are charged for these services. This information is compiled from public sources or provided by the resources listed. Unless specifically identified as a Kaiser Permanente resource, there is no legal relationship or financial interest in any listed service. Kaiser Permanente makes no representations or judgments and assumes no responsibility for the quality of care provided by any service included. Members are encouraged to contact providers and agree upon terms and rates before accepting services. This should not be relied upon as an authorization for payment. Please contact Member Services at 1-800-464-4000 if you have any benefit or coverage questions.*

@ Indicates agency can do medication set up

<b>COUNTY:</b> In Home Supportive Services (IHSS) .....	800-339-4661
Comfort Keepers (KP contracted vendor) .....	619-202-5230
<a href="http://www.comfortkeepers.com">www.comfortkeepers.com</a> .....	866-202-5309
1 <sup>st</sup> Meridian Home Care @ .....	858-529-1886
<a href="http://www.1stmeridiancareservices.com">www.1stmeridiancareservices.com</a> .....(North County).....	760-659-7979
24Hr HomeCare (KP discount) .....	858-529-6230
<a href="http://www.24hrcares.com">www.24hrcares.com</a> .....	800-522-1516
A Better Solution In Home Services @ .....	877-585-9011
<a href="http://www.absihc.com">www.absihc.com</a> .....	760-489-8253
AALL CARE In Home Services .....	619-297-9601
North County .....	760-471-7033
<a href="http://www.aallcare.com">www.aallcare.com</a>	
Accent Care .....	619-543-1660
<a href="http://www.accentcare.com">www.accentcare.com</a> .....	800-250-2233
Accredited Home Care .....	619-265-1234
<a href="http://www.accreditednursing.com">www.accreditednursing.com</a> .....	760-727-1234
Age Advantage Senior Care Services (no minimum hrs) .....	760-720-7272
<a href="http://www.ageadvantage.com">www.ageadvantage.com</a> .....	866-995-8681
All Valley Home Care (no minimum) .....	619-276-8001
<a href="https://www.allvalleyhcca.com/">https://www.allvalleyhcca.com/</a> .....	760-735-8899

<http://continuingcare-sandiego.kp.org>



Always Best Care Senior Services .....	619-757-1114
<i>www.alwaysbestcaresandiego.com</i>	
Assertive Care at Home Services (2 hr minimum) .....	619-466-6890
Alzheimer and Dementia Specialists .....	(after hours)..... 619-957-9196
<i>www.assertivehomecare.com</i>	
At Your Home Family Care (2 hr min, ask about KP discount) .....	858-625-0406
<i>www.atyourhomefamilycare.com</i> .....	
	888-326-2273
Attentive Home Care (20 hr/wk minimum) .....	619-287-1300
North County.....	760-434-2172
<i>www.attentivecare.com</i>	
Constant Companions (20 hr/wk min) .....	858-722-9352
<i>www.constantcompanions.net</i> .....	
	888-883-8393
Firstat Nursing Services @ .....	619-220-7600
<i>www.firstatofsandiego.com</i> .....	
	858-456-7600
Heritage Senior Care .....	800-562-2734
<i>www.heritageseniorcare.com</i>	
Home Instead Senior Care .....	619-460-6222
North County.....	760-639-6472
<i>www.homeinstead.com</i> .....	
	858-277-3722
La Jolla Nurses Home Care @ (no minimum hrs) .....	833-395-5755
<i>www.lajollanurseshomecare.com</i>	
Love 2 Live .....	619-291-4663
<i>www.love2livecare.com</i>	
MAXIM Companion Services (2hr min) .....	619-298-7548
<i>www.maximhomecare.com/companion</i>	
Salus Homecare .....	858-278-1335
<i>www.salushomecare.com</i> .....	
	888-725-8742
San Diego Homecare .....	858-775-7761
<i>www.sandiegohomecare.com</i>	
Senior Helpers .....	858-523-9170
<i>www.seniorhelpers.com</i> .....	
	619-450-4686
Senior Hoarding Solutions, LLC .....	619-244-1652
Hoarding and smaller bio-hazard clean up .....	619-771-1792
<i>https://hoardingsolutions.net</i>	

***Kaiser Permanente does not endorse or recommend any one provider. Members are strongly encouraged to contact providers and agree upon an acceptable rate before receiving services.***

*For corrections or additions to this handout, please call (619) 641-4456*